

# Research and Education Charitable Trust

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# What we will cover today

- ▶ What is RECT?
- ▶ How to apply for RECT?
- ▶ How do I become a RECT Trustee

# What is RECT?

RECT is a Charitable Trust set up to provide funds to support research and education that will be of benefit to general practitioners and rural hospital specialists.

# Research RECT has funded

Diabetes management in primary care


Bullying in the GP workforce

Health and Disability Complaints

Rural clinical placement lengths

Clinical management of STIs

# How much can I apply for and what will it cover?

 RECT grants are generally between \$1000-\$5000

 Transcription

 Research assistant

 Summer Scholar

 Presentation at conference

 Equipment related to research (e.g. voice recorder)

What about  
ethics  
approval?



# What about ethics approval?

Ethics does take time and it is important to find out if you do or do not need it at the start of the application process.

- ▶ University funded research (check with supervisor or department)
- ▶ Health and Disability Ethics Committee (has a wealth of information on their [website](#))

# How can I find a mentor?

- ▶ Speak to people at your Practice
- ▶ Connect with your Faculty
- ▶ Connect with local University
- ▶ Connect with your peer group
- ▶ Have a look at published papers and get in contact with the author





# Example of successful applications

- ▶ Social exclusion and People with Type 2 diabetes (Hill, D et al)
- ▶ Role of General Practitioners in Disaster Risk Management (Gray, L)

# Becoming a RECT Trustee (Benefits)

- ▶ Get to represent College membership
- ▶ Contribute to get research
- ▶ Governance experience
- ▶ Great people



# RECT Election





THANK YOU

